

Leadership

JUSTINA LASLEY, M.A. is founder and director of the Institute for Dream Studies. She is an author and leading dream specialist who shares with students and clients her enthusiasm, keen insight and talent for relating to others, facilitating rapid movement toward a more authentic, fulfilling life. She is a lecturer, a trainer for dreamworkers, a leader of individual and group dreamwork and a facilitator of workshops.



Leigh Hayward

Justina's studies and her experiences in creative arts add depth and imagination to the exploration of dream imagery and metaphor. Her years of experience as a teacher enhance her capabilities as an educator and enable her to assist individuals on their path to personal and spiritual growth. Justina earned her Master's degree in Transpersonal Psychology with an emphasis in dreams, and has a B.A. in both Applied Art and Education. She has written two books, *Honoring the Dream: A Handbook for Dream Group Leaders*, used as a textbook, and *In My Dream...*, a unique dream journal to capture and record dreams, thoughts, and sketches.

Contact Information

For information about the Certification Program:

Visit: www.DreamSynergy.org

Call: 843-884-5139

Email: Sharon@DreamSynergy.org
Sharon Kavanaugh,
Program & Development Manager

Don't miss the opportunity to explore your dreams with Justina. Her skill and sensitivity in working with dreams are of the highest order.

– Rev. Dr. Jeremy Taylor



Advisory Board

Kelly Bulkeley, PhD, Religion and Psychological Studies, is a Visiting Scholar at the Graduate Theological Union and teaches in the Dream Studies Program at John F. Kennedy University, in the San Francisco Bay area. A former president of the International Association for the Study of Dreams (IASD), he has also written and edited many books on dreaming, religion, psychology, culture and science.

Nicole Gratton is the founder of The Dream School Nicole Gratton, in Quebec, Canada. She leads a team of dream workers who conduct dream classes and is the author of numerous books and videos related to dreams and sleep.

Art Funkhouser, PhD, Diplomate, C.G. Jung Institute, Zurich, is a Jungian psychotherapist in Switzerland. He leads dream groups and dreamwork seminars at the C.G. Jung Institute and other locations. His special interests are precognitive dreams and the elderly.

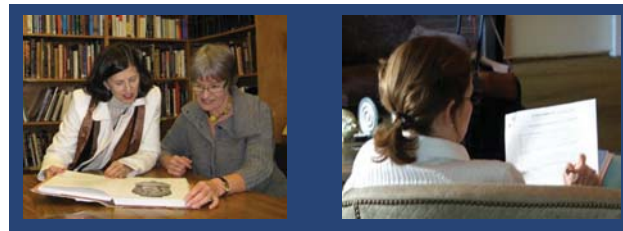
Lee Irwin, PhD, is Chair of the Religious Studies Department at the College of Charleston and is on the advisory board of the Association for the Studies of Esotericism. He has written many books and articles, & studies and teaches on the subjects of: comparative religions, Native American spirituality, Western Esotericism, contemporary Gnostic and Hermetic spirituality, shamanism, religious experience, such as visions and dreams, and comparative mythology.

Stanley Krippner, PhD, is professor of psychology at Saybrook Graduate School, San Francisco & holds other faculty appointments. He has conducted seminars on personal mythology, dreams, hypnosis, and anomalous phenomena worldwide. He has received numerous international awards for his work and written or contributed to many books.

Jeremy Taylor, an ordained Unitarian Universalist minister, has taught at Graduate Theological Union (Berkeley, CA) and other schools. In his work with dreams, he blends the values of spirituality with an active social conscience and a Jungian perspective. A founder and former president of IASD, he is the author of many popular books on dreams.

Institute for Dream Studies

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Mount Pleasant, SC 29464 USA
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DreamSynergy™ Certification



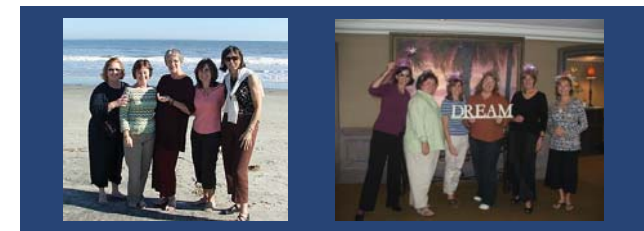
DreamSynergy™: 1. each aspect of a dream working together and contributing to the insight which is waiting to be discovered, producing a total effect greater than the sum of the individual elements.

The Institute for Dream Studies (IDS)

The DreamSynergy™ Certification program educates people in dreams, dreamwork and dream group leadership. Through didactic and experiential learning, the practical and personal aspects of dreamwork and dream groups are explored. It is designed for therapists, counselors, spiritual directors, clergy, health care workers, artists, actors, teachers, as well as those seeking personal insight.

The full program consists of two parts. In Part One, such subjects as the aspects of energy, emotions and personal development will be investigated in depth. Participants will explore the process of organizing and leading dream groups, while honoring the sacred nature of the dream. Details of group work will be studied and participants will learn a variety of creative methods in dreamwork.

Those desiring DreamSynergy™ Certification will continue to Part Two of the program, which includes practical experience leading dream groups, business aspects of dreamwork, additional dreamwork methods, and continued personal dreamwork.



Curriculum

- Personal Development
- Psychology of Dreaming
- History of Dreams
- Dreamwork Practices
- Emotions and Energy
- Why & How People Change
- Journal Keeping
- Dream Exploration Exercises
- Symbols, Colors, Unusual Language
- Ethics
- Why & Who of Dream Groups
- Dream Group Leadership & Problem Solving
- Dream Workshops
- Developing a Dream Business

The dreamwork approaches used and taught by IDS are an eclectic blend of various theoretical approaches, based primarily on Jungian theory.

Qualifications

All participants need to have a sincere interest in pursuing their path in dreamwork and to respect the spiritual nature of the dream and the dreamer.

Participants must be able to attend the multi-day, on-site sessions and be committed to satisfactorily completing the at-distance learning requirements.

The International Association for the Study of Dreams (IASD) ethical guidelines are followed by IDS. Participants must comply with these guidelines throughout the program and in the practice of DreamSynergy™ dreamwork. Learn more about these guidelines at www.IASDreams.org/ethics.



Justina is one of the most enthusiastic dreamworkers I know. Her workshops are grounded in psychological research, both hers and that of others. Participants discover new directions for their careers, personal relationships, creative projects, and spiritual life.

– Stanley Krippner, PhD

Format

The certification program consists of multi-day, on-site intensives and distance (at-home) learning. There are 4 multi-day sessions (3-4 days each) in Part One of the program and 4 sessions in Part Two.

Distance learning assignments are given throughout the program and include: reading and reflecting on various works in the field of dreams, individual and group dreamwork requirements, and other consultations with IDS. Each person will keep dream and personal journals, and will analyze their dreams leading toward personal development and individuation.

Participants will receive personal feedback on written assignments and will have access to Justina and her guidance throughout the program. Participants will be encouraged to develop a particular area of interest. Efforts are made to customize topics or assignments based on participant needs and experience.

Intensives will include guest speakers, who are well-respected in the field of dreams and provide additional exposure to dream-related topics.

The full two part program can be completed in approximately two years. However, a commitment to Part Two is not required. Satisfactory completion of both Part One and Part Two intensives and assignments results in DreamSynergy™ Certification.

Continuing Education

The Institute for Dream Studies is approved by SCLLR (SC Dept. of Labor, Licensing and Regulation) to provide Continuing Education credits to counselors, marriage and family therapists and psycho-educational specialists. (Sponsor #455). CE contact hours are available for the certification program.

The Institute for Dream Studies offers one of the pioneering programs in practical dream exploration. The experienced teachers and vibrant students make IDS a uniquely stimulating environment to learn about the powerful depths and amazing creativity of the dreaming imagination. Open to both newcomers and veteran dreamers, the IDS program provides wonderful opportunities for anyone who wants to develop the practical skills and personal knowledge to bring the power of dreaming out into the world.

– Kelly Bulkeley, PhD

Schedule & Locations

Scheduling is flexible with various options for attending on-site intensives. Participants can choose to begin the program in the fall or spring, with the first DreamSynergy™ intensive. Participants, desiring to start the program at an alternative time, may be able to attend another IDS event and fulfill a requirement prior to the first DreamSynergy™ intensive. Contact IDS for details.

Dates and locations for the upcoming program are available at www.DreamSynergy.org/certification. On-site sessions are typically held in South Carolina, though some offerings are available in other locations. Distance learning assignments occur throughout the program and may begin prior to the participants' first DreamSynergy™ intensive.

Attendance at the International Association for the Study of Dreams (IASD) annual conference broadens exposure to various specialists and areas of dreamwork, and can contribute to fulfillment of certain DreamSynergy™ Certification requirements.

Registration & Tuition

Request an application by calling 843-884-5139 or at www.DreamSynergy.org/certification. Space is limited. Participants will be evaluated in the order in which applications are received, and placed in the next available certification program group. Start dates for the fall and spring programs are available on the website. Current cost is available on the website at www.DreamSynergy.org/certification.



...a Program that honors both the dream and the dreamer. Justina's vast experience, contagious enthusiasm, and gentle approach make her the perfect dream group leader... Through her guidance and tutelage I am uncovering the "gold" in my own dreams... and taking positive action in my waking life. I have already witnessed dramatic changes in both myself and fellow students. This program has literally changed my life.

– Linda Mastrangelo, Graduate of IDS